

Quick Guide to Progress Gold C

'All-in-one' text and exercise book

Reading

Eight thematic chapters, with selections of writing from different countries.

Resource Section

Help when speaking and writing English.

Exercises

A variety of exercises on each text and listening passage.

Advanced Revision

To increase and strengthen your English vocabulary, with emphasis on word formation, linking words, prepositions and phrasal verbs.

Use of English

Exercises covering multiple-choice cloze, open cloze, word formation, gapped sentences and key word transformation – skills related to the Certificate of Advanced English (CAE).

Wordlists

One for each text, at the back of the book.



Digital Material

Recordings

All the texts, read by natives of different English-speaking countries.

Listening comprehension

One for each chapter. Exercises are in the book.

Wordmatch and Spelling

Practise recognising and spelling the key vocabulary. Each item is recorded separately to help you with pronunciation.

Idioms

Further practice to improve your grasp of idioms.

Links

Access to useful websites when working online.

Vocabulary Trainer

Planners

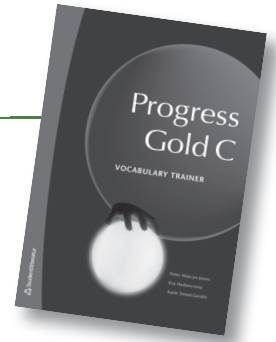
For planning and logging your work as you go.

Folding wordlists

A neat way to work through the key vocabulary in each chapter – from English to Swedish and vice-versa.

Vocabulary Check

A variety of exercises to check your learning, with keys for self-checking.



Getting started

Working on texts and listening passages

- Listen to a text or listening passage in the digital material, starting, stopping and repeating as you need.
- As you go, click on words for instant translations.
- Practise the vocabulary in Wordmatch and Spelling.
- Read the text in the book (wordlist is at the back of the book).
- Do the exercise(s) in the book and refer to the wordlist.
- Practise the vocabulary in Trainer.
- As you complete a text or exercise, tick it off on the Planner page in Trainer.

Do some language work

- Work on *Advanced Revision* and *Use of English* in each chapter.

Analyzing literature, writing essays, giving oral presentations etc

- *Resource Section* gives advice on all this and more.