

# Quick Guide to Progress Gold A

## 'All-in-one' text and exercise book

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### Reading

Nine thematic chapters, with selections of writing from different countries.

### Resource Section

Help when speaking and writing English.

### Exercises

A variety of exercises on each text and listening comprehension.

### Group Challenge

Group and pair work for 'light relief'.

### Vocabulary Builders

To strengthen your general English vocabulary.

### Grammar Refresher

Highlighting central grammar points from the texts.

### Wordlists

One for each text, at the back of the book.



## CD-ROM

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### Recordings

All the texts, read by natives of different English-speaking countries.

### Listening comprehension

One or two passages for each chapter. Exercises in the book.

### Wordmatch and Spelling

Practise recognising and spelling the key vocabulary. Each item is recorded separately to help you with pronunciation.

### Vocabulary Builders

A chance to build and reinforce your general vocabulary.

### Grammar

Exercises on all the basic grammar. Use this as a resource or for step-by-step grammar revision.

### Links

Access to useful websites when working online.



## Vocabulary Trainer

### Planners

For planning and logging your work as you go.

### Folding wordlists

A neat way to work through the key vocabulary in each chapter – from English to Swedish and vice-versa.

### Vocabulary Check

A variety of exercises to check your learning, with keys for self-checking.



## Getting started

### Working on texts and listening passages

- Listen to a text or listening passage on the CD-ROM, starting, stopping and repeating as you need.
- As you go, click on words for instant translations.
- Practise the vocabulary in Wordmatch and Spelling.
- Read the text in the book (wordlist is at the back of the book).
- Do the exercise(s) in the book and refer to the wordlist.
- Practise the vocabulary in Trainer.
- As you complete a text or exercise, tick it off on the Planner page in Trainer.

### Do grammar work related to the chapters

- *Grammar Refresher* provides links from the chapter to rules and exercises at the back of the book.

### Build and strengthen your general vocabulary

- *Vocabulary Builders* give practice in the book and on the CD-ROM.

### Writing essays, CVs, giving oral presentations etc

- *Resource section* gives advice on all this and more.

### Enjoy light-hearted group work

- *Group Challenge* offers a mix of written and spoken group exercises, for relaxation and fun.